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HANDBOOK

OF THE

LEAGUE FOR MEN.

BY

Rev. Fr. E. HAMON, S. J.



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HANDBOOK
OF THE
HOLY LEAGUE OF THE SACRED HEART OF JESUS
FOR MEN,
WITH HYMNS AND PRAYERS.

Imprimatur:

† EDUARDUS CAR., *Arch Marianopolitanus.*



MONTREAL,
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ST. MARY'S COLLEGE, BLEURY STREET,

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at the Office of the Minister of Agriculture.

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APPROBATIONS
OF THE
LEAGUE OF THE SACRED HEART
FOR MEN.

CANADA.

- † Elz. Alex. Taschereau, *Cardinal Archbishop of Quebec.*
- † Ed. Chs. Fabre, *Archbishop of Montreal.*
- † J. Th. Duhamel, *Archbishop of Ottawa.*
- † L. F. Lafêche, *Bishop of Trois-Rivières.*
- † L. Z. Moreau, *Bishop of St. Hyacinthe.*
- † J. P. Laforce Langevin, *Bishop of Rimouski.*
- † Dom. Racine, *Bishop of Chicoutimi.*
- † N. Z. Lorrain, *Vic. Apost. of Pontiac.*
- † Antoine Racine, *Bishop of Sherbrooke.*
- † Elphège Gravel, *Bishop of Nicolet.*

UNITED STATES.

- † J. J. Williams, *Archbishop of Boston.*
- † P. T. O'Reilly, *Bishop of Springfield.*
- † J. A. Healy, *Bishop of Portland.*
- † D. M. Bradley, *Bishop of Manchester.*
- † Fr. McNeirney, *Bishop of Albany.*

THE HOLY LEAGUE OF THE
Sacred Heart of Jesus
FOR MEN.

Certificate of Membership.



Mr.....
has been enrolled in the Holy League of the
Sacred Heart of Jesus, this.....day of
....., in the year of our Lord 18...

Given at.....

.....
Local Director.

ESSENTIAL PROMISE

OF THE

HOLY * LEAGUE.

[First degree of the Apostleship of Prayer.]

At the morning prayer, make the following offering to the S. H. of Jesus :
“ O Jesus, through the most pure Heart of Mary, I offer the prayers, Work and sufferings of this day for all the intentions of thy divine Heart.”

Special Engagements for Men.

1st. To receive communion at least four times a year.

2d. To avoid cursing and blaspheming, and prevent it in others, as far as possible.

3d. To abstain from drinking in bar-rooms, and keep away from all such places.

A. M. D. G.

Foundation and Approbation of the League

OF THE

Heart of Jesus for Men,

IN CANADA AND THE UNITED STATES.

To the Rev. Father E. Hamon, S. J.,

ST. MARY'S COLLEGE, MONTREAL.

REV. FATHER P. C.:

The plan of your League seems to me excellent. It may, indeed, form, as you wish, *a special branch of the Apostleship of Prayer*, on one condition, however. That it observe all that is necessary for validity of admission, and for the gaining of indulgences. These requisite conditions are:

1st. To have the names of the members inscribed on the Register of the League, kept in the parish.

2d. To provide each member of the League with a ticket of admission,

League
which ticket may be a pamphlet in explanation of the League. At the end of it these lines, for example, may be added:

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"I, _____ have been received
into the League of the Heart of Jesus,
the _____ 18 . ."

3d. To have the parishes wherein the League is established, aggregated by a Diploma to the Apostleship of Prayer. To have these diplomas signed by the Diocesan Director (where such exists) or by the Director-Superior: Rev. Father Sestini, in the United States; Rev. Father Saché, for the district of Quebec; Rev. Father Turgeon, for the district of Montreal.

4th. As soon as the parish is aggregated, at least, as soon as possible afterwards, to transmit the name and date of aggregation to the Director-Superior of the district.

It is, however, fully understood that, in case where a parish has been already

aggregated, you can there organize your League without a new Diploma for the parish.

As to the other details, the printed pamphlet, insignia, organization of councils, etc., I most heartily approve of all, and beg you to send us occasionally some particulars concerning your work.

Let me add in conclusion, that I willingly authorize you to countersign the Diplomas, under the following title :

Special Director of the League of the Sacred Heart for Men, in Canada and the United States.

In union with your Holy Sacrifices, and with my best wishes for a holy and happy year.

Your Reverence's

Servus in Christo

E. RÉGNAULT, S. J.

Director General of the Apostleship of Prayer, League of the Heart of Jesus.
Toulouse, Dec. 31, 1884.

INTRODUCTION.

**The devotion to the Sacred Heart of
Jesus in its bearing towards Men.**

I.

GENERAL NOTIONS. The devotion to the Sacred Heart of Jesus, despised by impious men, has too long been little understood by the greater part of good Christians. This devotion was tolerated in pious women and priests, but a man of the world, or a young man, would not have dared to profess openly a devotion reputed so mystical.

If ever an absurd prejudice existed it is surely this one. For the Heart of Jesus is not only the Heart of a God, and therefore worthy of the adoration of every Christian ; but moreover, it is the strongest, the most generous, the manliest of all human hearts, hence, it deserves to be especially honored by men.

Thanks to God, this truth is now spread broadcast, and true Catholics to-day are proud to take their place under the banner of the Sacred Heart.

For is not this devotion according to the words of Card. Pie, *the abridgment and substantial summary of all religion?*

"The Church," said the illustrious Pius IX, "the Church and society have no longer any hope, save in the Heart of Jesus. It is it which will supply a remedy to all our evils; preach this devotion everywhere, *it is destined to be the salvation of the world.*"

His glorious successor, Leo XIII, added in his magnificent discourse to the Associates of the Apostleship of Prayer: "With all the ardor of our soul, we desire that the devotion to the Sacred Heart of Jesus should increase and spread itself the world over. We are well aware how salutary and profitable it is; and we nourish a sweet and firm hope that immense treasures will not fail to flow from the divine Heart, and that they will prove an efficacious remedy to the evils which afflict the world.

II.

OBJECT, END AND MOTIVES. What then is precisely the *object*, the *end* of this blessed devotion, and what are the main *motives* leading men to embrace it?

The devotion to the Sacred Heart of Jesus has for *object* the adorable Heart of our divine Saviour, and the immense love with which it is inflamed for us.

Its *end* is to render love for love, and to repair both the outrages which he received in his passion, and those which he daily receives in the Holy Eucharist.

The most powerful *motives* urge Christians to embrace this providential devotion. Established by our Lord Himself in the most authentic manner, at the time of the great revelations at Paray-le-Monial, it is of all devotions the most excellent, both in its *material object*, which is the very heart of the Man-God; the source of the blood that saved the world; and in its *spiritual object* which is the love of our divine Saviour, the principal of all the marvels of the supernatural order: it is the most touching, since it puts before our

eyes the Heart of a God living and dying for us ; it is the most *solid* since it is the abridgment of all religion, which is nothing else than a communion of love between God and man through Jesus-Christ.

It is likewise the most *salutary* devotion for *society*. For according to the celebrated revelations made to St. Gertrude four centuries before the manifestations of the Divine Heart at Paray-le-Monial, it is in the knowledge and love of the Heart of Jesus that dormant and decrepit society will recruit warmth and life.

Lastly, it is the most *salutary* devotion for *each christian* in particular, as attested by the magnificent promises made by our Lord Jesus Christ himself to those who would honor his divine Heart or cause it to be honored.

III.

We address ourselves to men :

1^o Because man is the head of his family, and this devotion should tend principally to regenerate the Christian family.

2^o Because man is more guilty of that

indifference and contempt of which Our Lord complained so bitterly to the Blessed Margaret Mary.

3^o Because the Sovereign Pontiff does not cease to encourage and promote, with all his power, pious associations among men. The editor of the *Messenger of the Sacred Heart of Jesus* recalled this to our minds lately in these words :

“ Leo XIII, when he said : ‘ Let us look after the men,’ gave the watchword, for by them we shall have the women, the children, the parish, the whole country. It is time to think of the fathers of families ; a single conquest among them is worth five among their subordinates ; for it is, at once, more influent, more solid and more lasting in its happy results.



IV.

THE APOSTLESHIP OF PRAYER,
THE HOLY LEAGUE OF THE SACRED HEART
OF JESUS.

NAME AND OBJECTS. The Apostleship of Prayer is a League of zeal and prayer, in union with the Sacred Heart of Jesus Christ.

It is a League, not a Congregation, Sodality or Confraternity ; it is a League of souls ; and the one bond of union between all the millions of Catholics which it embraces is the common purpose and desire to make the interests of Jesus Christ on earth prevail. Hence the motto given to it by Pope Pius IX : **Thy Kingdom come.**

It is called an *Apostleship* : not only because it endeavors to make of each of its members apostles in desire : but because its whole action is *apostolic* : it is ever striving to draw all Catholics into its ranks, in order to stimulate their zeal for God's cause ; to direct their interest and energies to the aid of the Church, and of souls.

It is called an *Apostleship of Prayer*: first, because prayer is the principal means which it uses to attain its end: secondly, because it teaches its members to convert everything they do, even their commonest actions, into prayer; and, thirdly, because wherever it flourishes, its fruit is prayer.

It is called the *League of the Sacred Heart*: for the Heart of Jesus is living not only at the right hand of His Father, but in the very midst of us; and the Altar, where His love for us detains Him, is the common centre to which all the members of the League turn their eyes each morning; with His intentions and pleading desires, they daily unite their own.

DEGREES AND PRACTICES. The Apostleship of Prayer includes three distinct *degrees* which correspond to three Catholic *practices* undertaken by the Associates.

It is however to be remarked that *only the first* of these is essential to membership; the others may be accepted or not by the members, according to their taste or devotion; but they are most important for the life and maintenance of the League.

THE FIRST DEGREE, is of those who, having been duly inscribed on a Register, and having received a certificate of membership, undertake to add to their morning prayers, the *offering* of the prayers, work, and sufferings of the day, for the intentions of the Sacred Heart of Jesus. This morning offering may be done in any words, or even in thought only. One may use the formula found on the certificate.

THE SECOND DEGREE, is of those who, in addition to their daily offering, undertake to say daily a decade of the Rosary for the preservation of the Sovereign Pontiff and for the other intentions recommended each month to the members.

THE THIRD DEGREE, is of those who, in addition to their daily offering, undertake to offer Holy Communion at certain fixed times in the week, or the month, in reparation to the Sacred Heart for the injuries which it receives from men.

ORGANIZATION. A proper organization is very important for the life and prosperity of the League. After the reception of a Diploma of Affiliation from the Central

Director, the Local Director may proceed to the affiliation of members; he then distributes them into sections of *thirty*, which may be subdivided into two bands of *fifteen*, or in four bands of *seven*. A Promoter is placed at the head of every section of thirty, or of each band of fifteen, and distributes monthly to every one of his associates a Rosary leaflet, and endeavors to organize weekly or at least monthly groups of the Communion of Atone-ment.

APPROBATIONS. The Holy League has been approved by twenty-two Briefs, Decrees, or Rescripts of the Holy See, and by mostly all the Bishops of the world.

ADVANTAGES. I. The associates may gain 170 plenary indulgences a year, and a great number of partial ones, as will be seen below II. It is a special title to the love of the Sacred Heart. III. Its associates participate in a special manner in the prayers, masses, communions of all the great Religious Orders, of more than 120 religious congregations, and of 42,000 parishes, Communities, &c.

PRINCIPAL INDULGENCES.

[All are applicable to the Souls in Purgatory. The conditions, common to all, are Confession, Communion, and prayer for the intentions of the Holy Father].

FIRST DEGREE.

All who make the offering of the actions of the day can gain :

1. A Plenary Indulgence on the day of admission, the feast of the Sacred Heart (or Sunday following), one Friday and one other day in each month, also on the day appointed every month for the General Communion of Atonement.
2. A Plenary Indulgence on the feast of the Patron Saint, marked upon each one's Rosary Leaf.
3. An Indulgence of 100 days for each action offered for the intentions of the Apostleship.
4. An Indulgence of 100 days each time that an associate, wearing the badge

of the Apostleship, repeats orally or mentally the aspiration : Thy Kingdom come.

5. An indulgence of 7 years and 7 quarantines, if the Badge is worn openly during procession, or at Exposition.

SECOND DEGREE.

All who to the daily offering of actions add the daily recitation of a decade of the Rosary can gain :

1. Plenary Indulgences on the feasts of the Prayer in the Garden, the Most Pure Heart of Mary, and the Patronage of St. Joseph.

2. An Indulgence of 100 days each time.

3. If beads bearing the *Apostolic indulgences* are used, a Plenary indulgence on Christmas Day, the Epiphany, Easter Sunday, the Ascension, Pentecost, Trinity Sunday, Corpus Christi, the Nativity and Assumption of the Blessed Virgin, the Nativity of St. John the Baptist, the feast of St. Joseph, of the Apostles (St. Matthias included), the feast of all Saints, and at the hour of death.

4. If beads bearing the *Indulgence of St. Bridget* are used, a Plenary Indulgence on the feast of St. Bridget (Oct. 8), and at the hour of death, and an Indulgence of 100 days attached to each bead of the Rosary.

N. B.—Directors of the Apostleship who have fifty associates reciting the daily decade have the faculty of attaching to the beads the Apostolic and Bridgettine Indulgences provided a monthly meeting of the Apostleship be held in the church.

THIRD DEGREE.

1. All the Indulgences granted to the Communion of Atonement

2. All the Indulgences of the Archconfraternity of the Sacred Heart are at their disposal, as every Local Director of the Apostleship has power to aggregate its members to the Archconfraternity.

3. All who practise the devotion of the *Holy Hour* can gain a Plenary Indulgence once a week.

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V.

**THE HOLY LEAGUE OF THE SACRED
HEART OF JESUS FOR MEN.**

As may be seen, to the first degree of the Apostleship of Prayer, which was at the beginning and still remains the essential part of the Work, a form of the Living Rosary, and the Communion of Reparation, have been successively added.

These constitute the three principal branches of that tree of life. But to these branches are attached others, which all participate in the sap of the tree, increasing its vigor and beauty. They are the Apostleship of Study, the Guard of Honor, the Holy Hour, the Children's League, the Men's League, and other similar associations, which, though they all have for scope the Devotion to the Sacred Heart of Jesus, yet belong to different categories, and require special promises and practices in relation to their needs.

The men's Holy League of the Sacred Heart was approved as a special branch of the Apostleship of Prayer, by the General Director of the Apostleship at Toulouse, the 31st. of December 1884, at the request of Rev. Fr. Hamon S.J., its founder.

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THE HOLY LEAGUE
OF THE
Sacred Heart of Jesus for Men.

Part First.
CONSTITUTIONS.

SCOPE OF THE LEAGUE.

By devotion to the Sacred Heart of Jesus, and union of prayer with members of the *Apostleship*, the League proposes, 1st, to keep up a Catholic spirit in families by means of men. 2d, to combat blasphemy and intemperance.

**ESSENTIAL PROMISE OF THE
LEAGUE.**

To obtain this end, the associates promise: *At the morning prayer, to offer their daily actions to the Sacred Heart of Jesus, saying for instance:*

“O Jesus, through the most pure Heart of Mary, I offer my daily actions for all the intentions of Thy Divine Heart.” (First degree of the Apostleship of Prayer.)

Special Engagements of the League.

They will, moreover, take special engagements according to the needs of the parishes. These engagements may be :

1st. *To receive Communion at least four times a year. At Easter, in the month of June, in the month of November and in the month of January.*

2d. *To avoid cursing and blaspheming and prevent it in others, as far as possible.*

3d. *To abstain from drinking in bar-rooms, and keep away from such places.*

This *first degree* of temperance is the only one required by the League from all its members.

If, however, some of the associates desire it, they may, with the consent of their confessor, *take privately* the *second degree* of temperance which consists in abstaining from all strong drinks, (whiskey, brandy, etc.) or they may even take *the total abstinence pledge*.

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OBSERVATIONS.

Our *special engagements* will help us to have a good life, and will secure for us and our families all the blessings promised by our Saviour to those who will practice the devotion to his Divine Heart.

Those engagements, however, especially the third one, *may be modified* by the parish priests, according to *the special needs of their parish*.

The members of the League are earnestly requested to say at their evening prayers, *A pater — ave — and three glorias*, in order to make amend to the Sacred Heart for blasphemy. 2d, to assist faithfully at the monthly reunion in the church.

IV. CONDITIONS OF ADMISSION.

To become a member of the League, one must :

- 1st. Have his name entered on the Register of the Society.
- 2o. Receive a ticket of admission into the League.

*M..... was received into the League
the 18*

The Director.

**V. AN ACT OF CONSECRATION TO THE
SACRED HEART.**

O Jesus, we the parishioners of
..... members of the Holy League
of Thy divine Heart, hasten to offer
Thee a Solemn act of reparation, and
to consecrate ourselves in a special
manner to Thy holy service.

Thou lovest us as a father loves his
children, Thou dost abide in the Holy
Eucharist to be our friend and our
companion in life ; yet the greater part
of mankind, through indifference or
contempt, pass whole years without
receiving Thee in Holy Communion.

Thou art our Benefactor, yet many, even among christians, alas! far from blessing Thee, dare to blaspheme Thy Holy Name; the Holy Sacrament of Baptism, which made them thy children; the altar, which shelters them from the wrath of an offended God. Many others go so far as to join societies, whose aim is to revile Thee and to overthrow Thy Holy Church upon earth. Once separated from Thee, these unfortunates too often abandon themselves to every vice, particularly to intemperance, which is the ruin of their families, and for themselves the cause of eternal reprobation!

In order to combat these great evils, O Jesus, and at the same time, to console Thy divine Heart for such ingratitude, we have joined the Holy League which takes Thee for Chief and Father and have solemnly promised, and do again to day promise:

1st. To receive holy communion at least four times a year;

2nd. To avoid cursing and blaspheming, and prevent it in others as far as possible ;

3rd. To abstain from drinking in bar-rooms and keep away from all such places.

Help us, O Jesus, to keep these promises faithfully. May they be a source of blessings for our families, which we beg to consecrate in a special manner to Thy divine Heart !

Jesus, Mary, Joseph, assist us during life, and protect us at the hour of death. Amen.

VI.—THE ORGANIZATION OF THE LEAGUE.

1st. The League is directed by a council composed of the Priest Director, the President, two Vice-Presidents, a Treasurer, a Secretary and Councillors.

2nd. The President remains in office one year ; he is then replaced by the first Vice-President, who in turn is replaced by the second Vice-President.

3d. The associates elect each year a second Vice-President on the Sunday which precedes the solemnity of the Sacred Heart, the patronal feast of the League. The other officers are selected by the council, which may, if it chooses, continue the same ones in charge.

4th. The President, on leaving office, remains by right councillor for three years.

5th. There is a meeting of the council every month presided over by the Father Director.

6th. Candidates are accepted by a majority of votes ; after three months' trial they are received into the League by vote of the council.

7th. Motions are passed by a majority of votes, and with the approval of the Father Director.

8th. Members not faithful to their promises, shall be dismissed after being warned three times by the Father Director.

9th. The League does not exact any money contribution ; but should the members desire it, a benevolent society may be formed within the circle of the associates.

10th. To belong to it, one must be a member of the League and be faithful to the obligations thereof.

**VII.—DUTIES OF THE OFFICERS OF
THE LEAGUE.**

§ I.

Duties of the President and Vice-Presidents.

The President and the two Vice-Presidents of the League are the chief aids of the Director.

Their duty is to watch over the honor of the society, and warn the Director of any thing that might prejudice it.

Let them give the example of assiduity at the monthly meetings, and on General Communion days.

They should, as far as they are able, help the members of the League in a spirit of charity and self-sacrifice ; visiting them when sick ; assisting them to find imployment, and, in case of need, seeking alms for them, encouraging them to remain faithful to the promises of the League.

When a member of the League shall neglect his duty, or fall again into bad habits, intemperance for instance, they must speak to him in private and try to bring him back to the practice of his good resolutions.

They should also try to draw in new recruits into the League, especially among young men and new settlers.

The President and Vice-Presidents receive the names of candidates and propose them to the council.

§ II.

Duties of Councillors.

The councillors have in a certain measure the obligations of the three first officers.

They are likewise the guardians of the honor of the League, and the propagators of the devotion to the Sacred Heart.

They should carefully watch over their ward, and if they see any members failing publicly in their promises, especially by frequenting bar-rooms, they are bound in conscience to report to the council.

They should also practice the duties of charity recommended to the chief officers.

They will also show themselves zealous Promoters of the devotion to the Sacred Heart ; and they will have a right to the magnificent promises made

by Our Lord : " That those who propagate this devotion, shall have their name written in My divine Heart, never to be effaced."

§ III.

Duties of the Secretary and Treasurer.

The *Secretary* will enter on a special register the names of the admitted members. The pages of this register shall be divided in three columns, in the first of which he shall enter the names of the members ; in the second, the date of their reception ; the third shall be reserved for remarks... dismissals... deaths.

He shall send, in the name of the council, unless the Director consents to take the burden upon himself, any censure or notices of dismissal.

Let him remember that the certificate of membership, and the entry on the

register are two essential conditions to become a member of the League.

Every year he shall prepare a report of the state of the League and have it ready to present it to the council in the month of June ; and he shall send a copy, or at least the substance of it, to the Central Director, in order that an account of it may be given in the Messenger of the League.

The *Treasurer* shall keep in hand a supply of the constitutions, hand-books and badges, and see that new members are furnished with them.

No contributions are taken up for the League ; but if, from time to time, collections are made in the assemblies, the Treasurer shall keep this money to be disposed of according to the advice of the council in having masses sung for the members both living and dead.

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**VIII.—ADVANTAGES OF THE LEAGUE
OF THE SACRED HEART.**

Numerous and important are the advantages furnished us by the devotion to the Sacred Heart. If a christian has only at heart his salvation and the Glory of God, he will gladly find in this devotion the most efficacious means of procuring both the one and the other.

I

GENERAL ADVANTAGES.

According to St. Bernard, in these Societies :

Man falls more rarely,
Rises from sin more promptly,
Perseveres more easily,
Saves himself more certainly.

By entering into the League, you will fall more rarely, because, by praying more, a greater abundance of graces shall be bestowed on you to resist temptations.

You will rise from sin more promptly ; the four general communions will provide you with such salutary means that, little by little, thus strengthened by communion and upheld by the prayers and example of your brothers, you will be enabled to pass whole years without committing a mortal sin.

Being thus confirmed in a true christian life, your final perseverance and salvation will be secured.

II

PARTICULAR ADVANTAGES.

Besides these general advantages, the League will furnish you with others still more precious for your souls, such as numerous Indulgences and a share in Our Lord's promises to those who would be devout to his Sacred Heart.

1. *Indulgences of the Holy League.*

The men's League of the Sacred

Heart having been officially recognized as a special Branch of the great association called the Apostleship of Prayer, its members are at liberty to gain all the numerous and rich Indulgences which the Sovereign Pontiffs Pius IX and Leo XIII have granted to that association ; see above, page 10," Indulgences of the First Degree."

II.—THE PROMISES OF OUR LORD TO THOSE WHO SHOULD HONOR HIS SACRED HEART, AND TRY TO MAKE IT HONORED BY OTHERS.

All the members of the Holy League may, with especial reason, hope to see realized in their favour the following promises, taken from the authentic writings of blessed Margaret Mary, as reviewed by the Sacred Roman Congregation of Rites, previous to Beatification :

1. I will give them all the graces necessary in their state of life.

2. I will establish peace in their houses.

3. I will comfort them in all their afflictions.

4. I will be their secure refuge during life, and above all in death.

5. I will bestow a large blessing upon all their undertakings.

6. Sinners shall find in My Heart the source and the infinite ocean of mercy.

7. Tepid souls shall grow fervent.

8. Fervent souls shall quickly mount to high perfection.

9. I will bless every place where a picture of My Heart shall be set up and honoured.

10. I will give to priests the gift of touching the most hardened hearts.

11. Those who shall promote this devotion shall have their names written in My Heart never to be blotted out.

12. I promise thee, in the excessive mercy of My Heart, that My all-powerful love will grant to all those who communicate on the First Friday in nine consecutive months, the grace of final penitence ; they shall not die in My disgrace nor without receiving the sacraments ; My Divine Heart shall be their safe refuge in this last moment.

Blessed Margaret Mary was constantly repeating these promises to every body, but she particularly insisted on the latter, namely : " the great grace of eternal salvation promised to this devotion."

" Oh ! if you could only understand how good it is to love the Sacred Heart of Jesus, and to be loved by it in turn. I believe that none of those particularly devoted and consecrated to it, shall perish." (5th Letter). In another letter, she adds : " Our Lord made known to me that all those who would be devoted to His Sacred Heart, *should not be lost eternally.*" (33th Letter).

We may depend upon these promises :
Our Lord is faithful to his word and
cannot deceive us.

When a member of the League shall
have offered during many years his
daily actions to the Sacred Heart, done
his best to prevent blasphemy, and
recited the *Pater, Ave* and three *Glorias*
to atone for it ; when he shall have
labored to extend the reign of God by
opposing intemperance, the source of so
many sins ; and every three months, at
least, shall have received worthily and
fervently Holy communion ; can such
a man have any fear at the approach of
death, lest Our Saviour might abandon
him and let him fall into hell ? Assur-
edly not. Our Lord, who was his
refuge in life, will certainly be his con-
solation and strength at the last moment.
If such a man has any unexpiated sin
on his conscience, Jesus will give him
grace to repent, to receive the sacra-
ments, and to die a good and saintly
death.

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Do you wish, then, to lead a saintly christian life ?

Do you wish to heap up abundant merits ?

Do you wish to bring down the blessings of God on your families ?

Do you, in fine, wish to make your eternal salvation sure ?

Then enroll yourself among the friends of our dear Lord ; come and take your place under his banner ; fight his combat, and, when the last hour shall come, you will repeat with Blessed Margaret Mary : " How sweet it is to die after having had a constant devotion to the Heart of Him, who is to be my Judge."



BADGE OF THE HOLY LEAGUE.

XI.—BADGE OF THE LEAGUE.

Soldiers need a chief to lead them to combat, arms for the assault, weapons also wherewith to act on the defensive, a rallying cry whereby they may recognize each other, and hope of success

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to sustain and encourage them in the fray.

Our badge is all this for us.

In the center is the Heart of Him, whom we choose for Father and Chief in the combat of life, Our Saviour Jesus Christ.

The crown and the shield, the badges of the old crusaders, shall likewise be ours. The Cross of Jesus with which to attack our enemies ; the shield of faith to repel the assaults of impiety and indifferentism.

Our rallying cry will be the desire expressed by the Sacred Heart of Jesus : " Thy Kingdom come." May God reign in our hearts by a true christian life, and may the observance of His holy law, and also the propagation of the faith be the mark that He reigns in our families, our parishes, our whole country.

Our hope is the crown of justice pro-

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mised by our Lord to all those who shall have fought the good fight ; the eternal palm of victory shall be the recompense of those, who, with Jesus Christ, shall triumph over the world and the devil.

Behold the meaning of our badge. Be proud of it ; wear it with honor during life, and, when death comes, transmit it as a precious relic to your children.

***XII.—HOW TO ESTABLISH THE LEAGUE
IN PARISHES.***

§ I.

The League of the Sacred Heart is a special branch of the Apostleship of Prayer. Wherefore to belong to it, one must fulfil all the conditions requisite for affiliation to this great society.

These conditions are :

1st. To obtain, from the Central Di-

rector of the Holy League, a Diploma of affiliation of the parish to the Apostleship of Prayer.

2nd. To inscribe the names on a special register kept in the parish.

3d. To hand over to each member of the society a ticket of membership. (This hand book of the League, will suffice.)

4th. To gain the indulgences, the members should at morning prayers, offer their actions to the Sacred Heart. (See Formula on Certificate of membership).

5th. The League being once established, the name of the parish and the number of members, also the names of the Officers, should be sent to the Central Director.

I

THE ELECTION OF THE OFFICERS.

Immediately after a meeting of the members, or after a triduum, when the obligations and advantages of the League have been put forth, the names of those who wish to become members are taken, after which comes the election of the three first Officers.

For the first election, the parish Priest himself may choose three candidates and propose their names to the meeting. These names are then written on three boxes, and each member, after receiving the ballot, drops it into the box of his chosen candidate.

The candidate who receives the majority of votes is elected President, the one who has the greater number of votes after him, is first Vice-President; the other, 2nd Vice-President.

These three Officers and the Director choose a Secretary and a Treasurer,

after which, the five Officers elect the Councillors according to the number of members of the League.

Every year, the council chooses a second Vice-President after the same manner. That is, three candidates are proposed, whether belonging to the council or not, (the latter being often more advantageous), and then the voting is carried on as mentioned above.

**XIII.—HOW THE LEAGUE IS TO BE
KEPT UP IN PARISHES.**

A FEW POINTS WHICH WE RESPECTFULLY
SUBMIT TO THE DIRECTORS
OF THE LEAGUE

The League depends for its maintenance, first of all, on the special blessing of the Sacred Heart, which certainly will not fail it. But besides this, the Priest charged with the work, should give it a zealous and constant

encouragement to keep it in vigor and prosperity.

The prosperity of the League rests on the interest which the Director takes in it, the *regularity* of the *meetings*, and above all the *general communions*.

I.

MONTHLY MEETING.

First of all, this monthly meeting is a great act of love and reparation to Our Lord ; then it brings to mind the promises made by the members ; and finally, it gives to the Director the practical means of exercising his influence over the conduct of the members.

The order of these reunions is as follows :

1st. Hymn of the League ;

2nd. Special recommandation of the sick, the dead, &c. ;

3d. A short and simple instruction ;
 4th. Benediction and act of consecration.

All this should occupy no more than a half or three quarters of an hour. The subject of the instruction may be on the promises of the League, or a point indicated by the letters, encyclicals, discourses of the Pope, his advice to christians, and especially to the working classes, or a monthly devotion, or one of the promises made by Our Lord ; or, in fine, the Instructor may treat of some of the many obligations of man towards his family and Society.

After the reunion, the meeting of the council should be held for the purpose of proposing candidates, receiving informations regarding the conduct of members, and the censures to be given, that the honor of the society may be preserved. The council, especially in the beginning, should show itself severe towards those members who fail publicly in their promises.

As to the hour of reunion, the Directors themselves may choose the time which seems to them most convenient. In cities, the hour which precedes or immediately follows the evening meal, has proved a good time. In country places, the reunion takes place about vesper time, or directly after mass.

II

GENERAL COMMUNION.

A special sunday should be set aside for this communion, and on the preceding day only men's confessions should be heard. If one sunday does not suffice, the octave may serve the same purpose, and the reunion should be held on that day.

On communion days, the members shall wear their badges, and the banner will be hung in the sanctuary.

In the evening a solemn meeting will be held, all the members wearing their badges.

III

THE RECEPTION OF CANDIDATES.

During the reception, the banner is held by the President within the sanctuary. He should likewise be accompanied by the other Officers. The candidates are called to the communion rail. The Director asks them: "Do you promise to be faithful to the engagements of the League?"

1st. To communicate at least four times a year?

2nd. To avoid cursing and blaspheming, and to prevent it in others, as far as possible?

3d. To abstain from drinking in bar-rooms, and keep away from all such places?"

The candidates raise their hand saying:

"Yes, we promise it."

Then the Director blesses the badges and distributes them saying : “ *Accipe, frater, imaginem cordis Jesu. Sit protectio tua in vita et salus in morte.*”

That is : “ Receive, my brother, the Badge of the Sacred Heart, let it be thy protection in life, and thy salvation in death.”

Then follows the Benediction of the Blessed Sacrament and the solemn consecration of the League.

XIV.—BENEDICTIONS.

§ 1

BENEDICTIO INSIGNIUM.

(Badges)

V. Adjutorium nostrum in nomine Domini.

R. Qui fecit cœlum et terram.

V. Dominus vobiscum.

R. Et cum spiritu tuo.

Oremus.

Omnipotens sempiterne Deus, qui sanctorum tuorum imagines, sive effigies sculpi aut pingi non reprobas, ut quoties illas oculis corporis intuemur, toties eorum actus et sanctitatem ad imitandum memoria oculis meditemur, has, quæsumus, imagines, in honorem et memoriam unigeniti Filii tui Domini nostri Jesu Christi adaptatas, bene † dicere digneris et presta, ut quicumque coram illis Unigenitum Filium tuum suppliciter colere et honorare studuerit, illius meritis et obtentu, a te gratiam in præsentem et æternam gloriam obtineat in futurum. Per eundem Christum Dominum nostrum. Amen.

(Aspergat aqua benedicta.)

§ II.

BENEDICTIO VEXILLI.

(Banner or flag.)

V. Adjutorium nostrum in nomine Domini.

R. Qui fecit cœlum et terram.

V. Dominus vobiscum.

R. Et cum spiritu tuo.

Oremus.

Domine Jesu Christe, cujus Ecclesia est veluti castrorum acies ordinata; benedic hoc vexillum, ut omnes sub eo tibi Domine Deo exercituum militantes, inimicos suos invisibiles in hoc sæculo superare et post victoriam in cœlis triumphare mereantur. Per te, Jesu Christe, qui vivis et regnas cum Deo Patre et Spiritu sancto in sæcula in sæculorum. Amen.

(Vexillum aspergat aqua benedicta.)

PART SECOND.

PRAYERS AND HYMNS.

**MASS IN HONOR OF THE SACRED HEART
OF JESUS.**

Prayer before Mass.

Eternal Father, permit me to offer Thee the Heart of Jesus Christ, Thy well beloved Son, to supply for my insufficiency. Receive it, as the sole homage worthy of Thee, the sole means I possess of rendering Thee infinite glory. Receive it in satisfaction for all my sins, and grant, through his merits, the graces that are necessary for me.

O Divine Heart of Jesus, grant me a profound respect, a lively faith and a tender devotion during this adorable sacrifice. Make my heart a victim of Thy love, that it may be united to Thee and partake of all Thy merits.

At the beginning of Mass.

Heart of Jesus, adorable sanctuary of God for men, can I ever sufficiently deplore the excess of my ingratitude towards Thee? O my God, Thou hast loved me from all eternity; Thou hast created me to thine own image; Thou hast given me life in order to shed upon me all the blessings of which Thou art the source, and thus to satisfy Thy desires to make me ever happy. When man by his fall betrayed Thy love, then Thou, more liberal and merciful than ever, didst deign to annihilate Thyself for our ransom. Thou hast taken a heart like to ours in order to force our hearts to love Thee.

Divine Heart! Heart burning with the warmest flames of Charity, Thou hast enclosed within Thyself our miseries and our sorrows. Heart infinitely holy! most pure source of all justice and innocence; Thou hast borne the iniquities of the world; Thou hast

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drunk the dregs of their bitterness ;
 Thou hast been pierced for our crimes,
 and with Thy adorable Blood, Thou
 hast shed purifying graces over the
 whole earth. Nothing could stop Thy
 Charity, neither the sufferings and
 labors of Thy entire life, nor the monst-
 rous ingratitude with which man has
 repaid Thy benefits ; and Thou hast
 crowned all these wonders by renewing
 for me each day on the altar the august
 sacrifice of Calvary. Adorable Saviour !
 I ask pardon of Thee for all the outrages
 Thou hast received. Accept all
 that henceforward I may do as so many
 acts of expiation, reparation, and conti-
 nual sacrifice to Thy outraged Heart.

At the Kyrie.

O Holy Father, have compassion on
 the work of Thy hands. Heart of
 Jesus, have pity on a soul that has cost
 Thee so dear. O Holy Spirit, have
 mercy on a heart that is Thy sanctuary.
 and which Thou hast filled with Thy
 gifts.

Gloria.

Gloria in excelsis Deo, et in terra pax hominibus bonæ voluntatis. Laudamus te. Benedicimus te, Adoramus te. Glorificamus te. Gratias agimus tibi propter magnam gloriam tuam, Domine Deus, Rex cœlestis, Deus Pater omnipotens : Domine, Fili unigenite, Jesu Christe ; Domine Deus, Agnus Dei, Filius Patris. Qui tollis peccata mundi, miserere nobis ; qui tollis peccata mundi, suscipe deprecationem nostram. Qui sedes ad dexteram Patris, miserere nobis. Quoniam tu solus Sanctus, tu solus Dominus, tu solus Altissimus, Jesu Christe, cum Sancto Spiritu, in gloria Dei Patris. Amen.

At the Collect.

Lord Jesus, who by a fresh act of love, hast deigned to open to Thy Church the treasure of the ineffable riches of Thy Heart, grant that we may return love for love to this adorable

Heart, and by a worthy homage repair the outrages that it has suffered, and which it still suffers every day from the ingratitude of men : who livest and reignest with the Father and the Holy Ghost, God for ever and ever. Amen.

At the Epistle and Gospel,

When Jesus expired, he uttered a loud cry as if to call all men to him. A soldier with a stroke of his lance opened in his side a large wound, whence flowed blood and water. " Jesus, says St. Bernard, was wounded by this cruel weapon, which the soldier's ferocity aimed at him, because His Heart was already pierced by his ardent love for the salvation of men."

O most loving wound ! cries out St. Bonaventure, it is through Thee that I have entered into the bowels of the charity of Jesus Christ. Behold the gate of Paradise is open ! the sword

that guarded its entrance has been forced aside by the lance that was found worthy to make this opening. Oh ! had I been in the place of this lance, I would never have quitted the side of Jesus Christ, and I would have said : “ Here is the place of my repose for ever ; here will I dwell, because I have chosen it.”

O adorable wound of love ! O precious blood filling me with hope ! It is there, yes, it is there that I shall seek refreshment, and quench the thirst after happiness that consumes me. O my Jesus ! I have found a heart most loving, a heart that has loved me to excess ; Thine own Heart pierced for me and always open to receive me. Heart of the best of Fathers, Heart of the most loving shepherd, of the most faithful of friends. Permit me, O my Saviour, to draw near to this heart, that I may purify myself in this Blood of expiation that flows from it ; permit me to enter this gate of salvation. O Jesus, love

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has opened to me Thy Heart ; love invites me to enter it ; love will receive me there, and love will shelter me from the strokes of divine justice. It is there I desire to live ; it is there I hope to die, that I may die the precious death of those who die in the Lord. Amen.

Credo.

Credo in unum Deum, Patrem omnipotentem, factorem cœli et terræ, visibilium omnium, et invisibilium. Et in unum Dominum Jesum Christum, Filium Dei unigenitum, et ex Patre natum ante omnia sæcula. Deum de Deo, lumen de lumine, Deum verum de Deo vero. Genitum, non factum, consubstantialem Patri ; per quem omnia facta sunt. Qui propter nos homines et propter nostram salutem descendit de cœlis. Et incarnatus est de Spiritu Sancto, ex Maria Virgine, et Homo factus est. Crucifixus etiam pro nobis, sub Pontio Pilato passus, et sepultus est. Et resurrexit tertia die, secundum scriptu-

ras. Et ascendit in cœlum, sedet ad dexteram Patris, et iterum venturus est cum gloria judicare vivos et mortuos; cujus regni non erit finis. Et in Spiritum Sanctum Dominum et vivificantem, qui ex Patre Filioque procedit. Qui cum Patre et Filio simul adoratur et conglorificatur, qui locutus est per prophetas. Et unam sanctam catholicam et Apostolicam Ecclesiam. Confiteor unum baptisma in remissionem peccatorum. Et expecto resurrectionem mortuorum. Et vitam venturi sæculi. Amen.

At the Offertory.

My God, I offer Thee the Heart of Thy beloved Son as my thanksgiving for all the benefits thou hast bestowed on me, as my prayer, as my offering, as my adoration, and as all my resolutions. Receive it, O Eternal Father, to supply for all that Thou desirest of me, since I have nothing to offer Thee that is not unworthy of Thee excepting Jesus, my

Saviour, whom Thou hast wholly given to me.

O my Lord and my God, I offer Thee my heart with all the feelings of which it is capable. O my God, how great are Thy mercies towards me ! God of Majesty, what am I that Thou shouldst vouchsafe to receive the sacrifice of my heart ? All my sorrow is that I should offer what is so little worthy of Thee, covered with so many wounds, profaned by so many passions, and stained with so many sins.

I give it to Thee without reserve ; and, not satisfied with having but one heart to offer Thee, why have I not the ardent love and the transports of all the angels, and of all the blessed, to consecrate them all to Thee ? Receive then this heart, O my God, or rather take it Thyself ; change it and render it worthy of Thee. Take my heart and give me thine, O Divine Jesus ; give me a heart grateful for Thy benefits ; a

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heart penitent and contrite for its sins; faithful to Thy grace, resigned to Thy adorable will, and filled, inflamed and consumed with Thy love. Take this heart, O Lord, and when thou hast taken it, hide it in thine own, and there keep it for ever.

At the Canon

O my most loving Saviour, I conjure Thee by Thy Divine Heart, which Thou hast opened to me as a secure asylum, to attach me so closely to Thy sacred side that I may never leave it. Reserve for me the possession of heavenly gifts, and dispose as Thou pleasest of the goods of this earth.

Remember, O most sweet Jesus, that none who have had recourse to Thy Sacred Heart, implored its assistance, or called for mercy, has ever been abandoned. Filled with and animated by this same confidence, O Divine Heart, Ruler of all hearts, I fly to Thee, and

groaning beneath the weight of my sins, I prostrate myself before Thee ; despise not my feeble prayers, but listen to them with a favorable ear, and vouchsafe to answer them. Show us that Thou art the Heart of the best of Fathers, and that He who has deigned to give Thee to us as our Salvation, will through Thee receive our prayers.

At the Memento for the Living.

In the name of the Passion and Death of Thy beloved Son, in the name of His Heart wounded for love of us, be mindful, O most merciful Father, of Thy Holy Church, which issued from that wound ; vouchsafe to protect, sanctify and exalt it as the Spouse of Thy Divine Son.

Remember also, O Lord, my parents and my friends, N.N. ; defend them, and by Thy grace advance them in the way of Salvation. O Divine Jesus, hide in the wound of Thy Sacred Heart

all those who are devoted to it ; multiply their numbers, increase in them faith, hope and charity, that by their fidelity they may compensate Thee for the outrages with which Thou art insulted by those who have the misfortune not to love Thee.

At the Elevation.

O Jesus, my Saviour and most loving God, who wert pleased to be crucified for love of me, and to allow Thy Heart to be pierced with a lance, that Thou mightest discover to me the wound love had made there already, I adore Thee, I love Thee, I glorify Thee with the Father and the Holy Ghost. I desire with all my soul that Thou shouldst be adored, loved and glorified without limit by all creatures, and by all possible means, now, and for all eternity. I believe in Thee, I hope in Thee, and I love Thee ; all that I love, I love for Thy sake. Most Holy Father, look upon Thy beloved Son, whom I offer to

Thee as a sacrifice of praise, of thanksgiving and of propitiation. I beg of Thee by His tears, His sweat and His blood, by the groans and sighs of His Sacred Heart, to have mercy on me and on my brethren. Grant that we love Thee perfectly in time and in eternity. Amen.

At the Memento for the Dead.

In the name of Thy beloved Son, O Father of mercies, have pity on the souls of the faithful departed, and particularly on the associates of the Sacred Heart, N.N. Grant them, in Thy mercy, pardon and everlasting rest, that they may bless, praise and glorify Thee eternally amid the brightness of the saints.

At the Our Father.

O Father of Our Lord Jesus Christ, who hast not spared Thine only Son, in order to restore to us the title of child-

ren of God that we had lost, mercifully hear in our behalf the supplications of This Divine Saviour, who now immolates Himself for us on the altar.

O Jesus, may Thy sacred name be blessed and sanctified by all intelligent creatures ; may Thy precious Blood, shed for us in Thy cruel crowning with thorns, gain for us that heavenly inheritance, where we shall dwell in honor and glory.

O Jesus, obedient even to the death of the cross, I submit to Thee my will, I consecrate it to Thee ; may Thy will be done and not mine. Grant me this grace, O Jesus, by Thy sweat of blood.

O Jesus, make me worthy frequently to receive Thy Sacred Flesh, which was bruised and torn for me in Thy Passion.

O Jesus, model of heroic patience, who prayed for Thy executioners, make me like Thee, meek and humble of

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heart. May Thy Blood, O Jesus, purify my conscience from dead works, that I may serve the God of life,

O Jesus, open to me Thy Divine Heart, that it may serve me as an asylum in all temptations, so that no creature may ever be able to separate me from Thy love.

O Jesus, the blood and water that issued from Thy Sacred Heart washes away every sin, strengthens the weak, heals the sick and is our safety in all peril. O Jesus, deliver us from evil, opening to us the love of Thy living Heart.

At the Agnus Dei.

Grant, O my Divine Jesus, that the depths of my soul may hear those consoling words that Thou didst speak to Thy disciples on the day of Thy resurrection: "Peace be with you." Give us that peace which *surpasseth all understanding* and all consolations; efface, O Divine Lamb, by Thy precious

blood, those innumerable sins that place so wide a barrier between Thee and Thy creatures.

At the Communion

O Jesus, king of all hearts, place Thyself as *a seal on my heart and on my arm*: on my heart, to close it against all terrestrial objects, and to direct all its affections towards Thee; on my arm, that all my actions may have no other end than the glory and love of Thy Sacred Heart.

May my eyes and my heart, O Jesus, ever remain attached to the wounds in Thy Heart.

O Jesus, give me that water of which Thy Heart is the source, that I may thirst no more for ever.

I have found the heart of my King, of my Father, of my most sweet friend, Jesus. What can I desire more in Heaven or seek upon earth?

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These aspirations may be used for spiritual communion, if you have not the happiness of communicating really.

After Communion.

Soul of Christ, sanctify me. Body of Christ, save me. Blood of Christ, inebriate me. Water from the side of Christ, purify me. Passion of Christ, comfort me. O good Jesus, hear me; hide me in thy wounds; permit me not to be separated from Thee; from the malice of my enemies defend me; at the hour of my death call me, that with Thy saints I may bless Thee for everlasting ages. Amen.

Honoring the memory of Thy Heart, so humble and so meek, let us, O Jesus, learn from Thee to practice meekness and humility, that we may obtain that peace Thou hast promised, and find rest for our souls. Thou, who with the Father and the Holy Ghost, livest and reignest God, world without end. Amen.

At the Blessing.

Praise, honor and glory be to Thee, O Jesus, who, after having blessed Thy disciples, ascended gloriously to Heaven where Thou art seated at the right hand of the Father ; vouchsafe to bless us Thyself now, as thou wilt bless Thy elect on the last day. Amen.

At the last Gospel.

O Almighty and Eternal God, who through thine infinite goodness, hast placed Thy Son to be the only mediator between Thyself and all mankind, I beseech Thee to look down favorably on this adorable sacrifice. Forgive my want of fervor and my negligence during the course of it. Do not suffer, O Lord, that I should ever be separated from Thee. Bless me, and grant me the grace to serve Thee faithfully in all things to the end ; and grant that after this life, I may be found worthy to bless and glorify Thee eternally in the company of the Saints. Amen.

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DEVOTIONS
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MAKE AN ACT OF FAITH.

I most firmly believe that in this holy sacrament Thou art present verily and indeed; that here are Thy body and blood, Thy soul and Thy divinity. I believe that Thou, my Saviour, true God and true man, art really here, with all Thy treasures; that here Thou communicatest Thyself to us, makest us partakers of the fruit of Thy passion, and givest us a pledge of eternal life. I believe that there cannot be a greater happiness than to receive Thee worthily, nor a greater misery than to receive Thee unworthily. All this I most steadfastly believe, because it is what Thou hast taught us by Thy word and by Thy Church.

MAKE AN ACT OF CONTRITION.

O my God, I am most heartily sorry,
&c.

MAKE AN ACT OF DIVINE LOVE.

O Lord Jesus, the God of my heart and the life of my soul! as the hart pants after the fountains of water, so does my soul pant after Thee, the fountain of life and the ocean of all good. I am overjoyed at the hearing of these happy tidings, that I am to go into the house of our Lord; or rather that our Lord is to come into my house, and take up his abode with me. Oh! happy moments, when I shall be admitted to the embraces of the living God, for whom my poor soul languisheth with love. Oh! come, dear Jesus, and take full possession of my heart for ever. I offer it to Thee without reserve; I desire to consecrate it eternally to Thee. I love Thee with my whole soul above all things; at least, I desire so to love

Thee. It is nothing less than infinite love that bringeth Thee to me: oh! teach me to make a suitable return of love.

HUMBLY BEG GOD'S GRACE.

But, O my God, Thou knowest my great poverty and misery, and that of myself I can do nothing: Thou knowest how unworthy I am of this infinite favor, and Thou alone canst make me worthy. Oh! since Thou art so good as to invite me thus to Thyself, add this one bounty more to all the rest, to prepare me for Thyself. Cleanse my soul from its stains, clothe it with the nuptial garment of charity, adorn it with all virtues, and make it a fit abode for Thee. Make me one according to Thy own Heart, that this heavenly visit, which Thou designest for my salvation, may not, by my unworthiness, be perverted to my damnation. Oh! let me never be guilty of Thy body and blood by an unworthy communion.

For the sake of this same precious blood, which Thou hast shed for me, deliver me from so great an evil.

ASPIRATIONS AFTER COMMUNION.

Behold, O Lord, I have Thee now, who hast all things; I possess Thee who possesseth all things, and who canst do all things. Take off my heart, then, O my God and my all, from all other things but Thee, in all which there is but vanity and affliction of spirit. Let my heart be fixed on Thee alone; let me ever repose in Thee, where alone my treasure is, the sovereign truth, true happiness, and happy eternity.

Let my soul, O Lord, feel the sweetness of Thy presence. Let me taste how sweet Thou art, O Lord; that being allured by Thy love, I may never more hunt after worldly joys: for Thou art the joy of my heart, and my portion for ever.

Thou art the Physician of my soul,

who healest all our infirmities by Thy sacred blood. I am that sick man, whom Thou camest from Heaven to heal: oh! heal my soul, for I have sinned against Thee. What canst Thou deny me, who hast given me Thyself.

Thou art the Good Shepherd, govern me, and I shall want nothing in the place of pasture where Thou hast put me, until Thou bringest me to the happy pastures of life eternal.

O true Light, enlighten the eyes of my soul that I may never sleep in death.

O Fire, ever burning, inflame our hearts, that they may burn with Thy love: for, Thou camest to cast fire upon earth, and what dost Thou desire but that it be enkindled?

O King of heaven and earth, rich in mercy, behold I am poor and needy; Thou knowest what I stand most in need of; Thou alone canst assist and enrich me. Help me, O God, and, out

of the treasure of Thy bounty, succour my needy soul.

O my Lord and my God, behold I am Thy servant, give me understanding, and excite my affections, that I may know and do Thy will.

Thou art the Lamb of God, who takest away the sins of the world; take away from me whatever is displeasing to Thee....

Thou art my love and my joy; Thou art, sweet Jesus, the portion of my inheritance. O my God and my all, may the sweet flame of Thy love consume my soul, that so I may die to the world, to myself, for the love of Thee, who hast vouchsafed to die upon the cross for the love of me.

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A Prayer to Jesus Crucified.

Behold, O kind and most sweet Jesus, I cast myself on my knees in Thy sight, and with the most fervent desire of my soul, I pray and beseech Thee, that Thou wouldst impress upon my heart lively sentiments of faith, hope and charity, with true repentance for my sins, and a firm desire of amendment; whilst, with deep affection and grief of soul, I ponder within myself, and mentally contemplate Thy five most precious wounds, having before my eyes that which the Prophet David said of Thee, O good and sweet Jesus: "They pierced My hands and My feet; they have numbered all My bones." Amen.

(A Plenary Indulgence after communion, when recited before a crucifix).

ACTS OF PRAISES

IN ATONEMENT FOR BLASPHEMY AND IMPRE-
CATIONS.

Blessed be God!

Blessed be His Holy Name!

Blessed be Jesus Christ, true God
and true Man!

Blessed be the Name of Jesus!

Blessed be Jesus in the Most Holy
Sacrament of the altar!

Blessed be the Holy Virgin Mary,
Mother of God!

Blessed be her Holy and Immaculate
Conception!

Blessed be the name of Mary, Virgin
and Mother!

Blessed be God in his Holy Angels
and his Saints!

BENEDICTION
OF THE
BLESSED SACRAMENT.

PARCE DOMINE.

Parce Domine, parce populo tuo: ne
in æternum irascaris nobis.

(Repeat three times.)

O SALUTARIS.

O Salutaris Hostia
Quæ cœli pandis ostium!
Bella premunt hostilia,
Da robur, fer auxilium.

Uni trinoque Domino
Sit sempiterna gloria,
Qui vitam sine termino
Nobis donet in patria. Amen.

AVE MARIS STELLA.

Ave, Maris Stella,
Dei Mater alma,
Atque semper virgo,
Felix cœli porta.

Sumens illud ave
Gabrielis ore,
Funda nos in pace,
Mutans Evæ nomen,

Solve vincla reis,
Profer lumen cæcis,
Mala nostra pelle,
Bona cuncta posce.

Monstra te esse matrem,
Sumat per te preces
Qui pro nobis natus,
Tulit esse tuus.

Virgo singularis,
Inter omnes mitis,
Nos culpis solutos,
Mites fac et castos.

Vitam præsta puram,

Iter para tutum,
 Ut videntes Jesum,
 Semper collætetur.

Sit laus Deo Patri,
 Summo Christo decus,
 Spiritui Sancto,
 Tribus honor unus. Amen.

Cor Jesu Sacratissimum:

R. Miserere nobis.

TANTUM ERGO.

Tantum ergo Sacramentum
 Veneremur cernui,
 Et antiquum documentum
 Novo cedat ritui;
 Præstet fides supplementum
 Sensuum defectui.

Genitori, Genitoque
 Laus et jubilatio,
 Salus, honor virtus quoque
 Sit et benedictio
 Procedenti ab utroque
 Compar sit laudatio. Amen.

V. Panem de cœlo præstitisti eis.

R. Omne delectamentum in se habentem.

MAGNIFICAT.

Magnificat anima mea Dominum.

Et exultavit spiritus meus in Deo salutari meo.

Quia respexit humilitatem ancillæ suæ, ecce enim ex hoc beatam me dicent omnes generationes.

Quia fecit mihi magna qui potens est, et sanctum nomen ejus.

Et misericordia ejus a progenie in progenies, timentibus eum.

Fecit potentiam in brachio suo: dispersit superbos mente cordis sui.

Deposuit potentes de sede, et exaltavit humiles.

Esurientes implevit bonis et divites dimisit inanes.

Suscepit Israel puerum suum, recordatus misericordiæ suæ.

Sicut locutus est ad patres nostros, Abraham et semini ejus in sæcula.

PSALMS AT VESPERS.

PSALM 109.

Dixit Dominus Domino meo : sede a dextris meis.

Donec ponam inimicos tuos, scabellum pedum tuorum.

Virgam virtutis tuæ emittet Dominus ex Sion, dominare in medio inimicorum tuorum.

Tecum principium in die virtutis tuæ, in splendoribus sanctorum : ex utero ante luciferum genui te.

Juravit Dominus et non pœnitebit eum : Tu es sacerdos in æternum secundum ordinem Melchisedech.

Dominus a dextris tuis : confregit in die iræ suæ reges.

Judicabit in nationibus, implebit ruinas ; conquasabit capita in terrâ multorum.

De torrente in via bibet : propterea exaltabit caput.

PSALM 110.

Confitebor tibi Domine, in toto corde meo ; in consilio justorum et congregatione.

Magna opera Domini, exquisita in omnes voluntates ejus.

Confessio et magnificentia opus ejus : et justitia ejus manet in sæculum sæculi.

Memoriam fecit mirabilium suorum misericors et miserator Dominus: escam dedit timen-
tibus se.

Memor erit in sæculum testamenti sui: virtutem operum suorum annuntiabit populo suo.

Ut det illis hæreditatem gentium: opera manuum ejus veritas et judicium.

Fidelia omnia mandata ejus, confirmata in sæculum sæculi: facta est veritate et æquitate.

Redemptionem misit populo suo: mandavit in æternum testamentum suum.

Sanctum et terribile nomen ejus: initium sapientiæ timor Domini.

Intellectus bonus omnibus facientibus eum: laudatio ejus manet in sæculum sæculi.

PSALM 111.

Beatus vir qui timet Dominum: in mandatis ejus volet nimis.

Potens in terra erit semen ejus: generatio rectorum benedicetur.

Gloria et divitiæ in domo ejus; et justitia ejus manet in sæculum sæculi.

Exortum est in tenebris lumen rectis: misericors, et miserator, et justus.

Jucundus homo qui miseretur et commodat, disponet sermones suos in judicio: quia in æternum non commovebitur.

In memoria æterna erit justus: ab auditione mala non timebit.

Paratum cor ejus sperare in Domino; confir-

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matum est cor ejus: non commovebitur donec despiciat inimicos suos.

Dispersit, dedit pauperibus; justitia ejus manet in sæculum sæculi: cornu ejus exaltabitur in gloria.

Peccator videbit et irascetur; dentibus suis fremet et tabescet: desiderium peccatorum peribit.

PSALM 112.

Laudate pueri Dominum: laudate nomen Domini.

Sit nomen Domini benedictum, ex hoc nunc et usque in sæculum.

A solis ortu usque ad occasum, laudabile nomen Domini.

Excelsus super omnes gentes Dominus: et supsr coelos gloria ejus.

Quis sicut Dominus Deus noster, qui in altis habitat, et humilia respicit in cœlo et in terra.

Suscitans a terra inopem, et de stercore erigens pauperem.

Ut collocet eum cum principibus, cum principibus populi sui.

Qui habitare facit sterilem in domo, matrem filiorum lætantem.

PSALM 116.

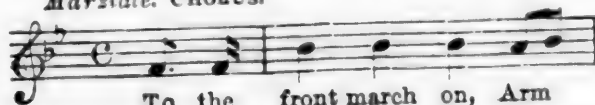
Laudate Dominum omnes gentes: laudate eum omnes populi.

Quoniam confirmata est super nos misericordia ejus; et veritas Domini manet in æternum.

H Y M N S.

HYMN OF THE HOLY LEAGUE.

Marziale. CHORUS.



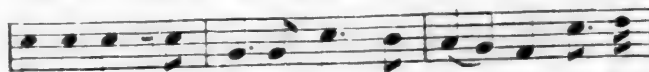
To the front march on, Arm



for dead-ly fight, earth and hell u-nite to en-

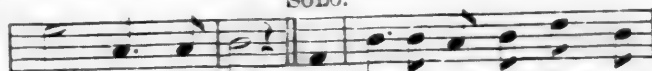


slave us; Raise the cross on high, Je-sus

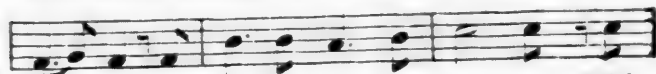


is our cry, thro' Jesus' Heart we'll con-quer, to the

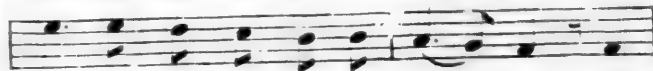
SOLO.



front march a-long. The devil, flesh, and world com-



bin-ing Against our souls are plotting With



proffered joys they seek to lure us, O



God, our hope, se-cure us.

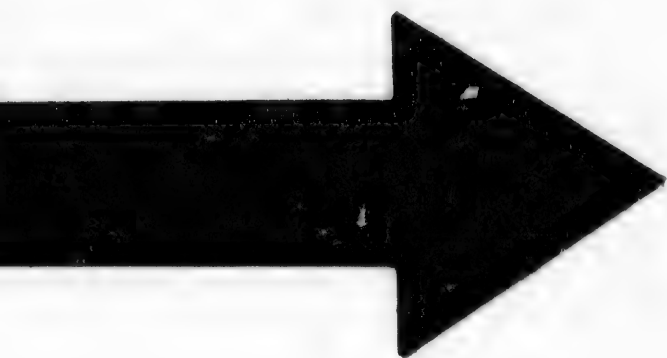
Unhappy he in self confiding,
 And he alone abiding :
 Defeat his lot, and bonds unfailing
 Eternal death and wailing.

Thrice happy who to heaven turning
 Prays, while with ardour fighting
 Begs aid from those who here have [striven,
 Implore Mary, Queen of Heaven.

Beneath our God's most noble Banner
 And in His kind powerful hand
 United with His Heart by prayer
 Throughout life with Him we'll stand.

O Mary, O most Blessed Mother,
 Thy sons from dangers shelter,
 That in the last dreaded hour,
 God's kingdom may be our share.





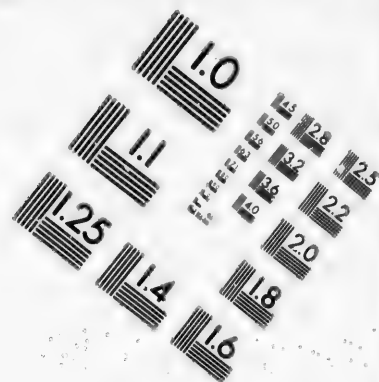
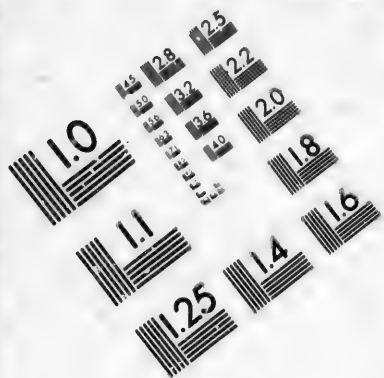
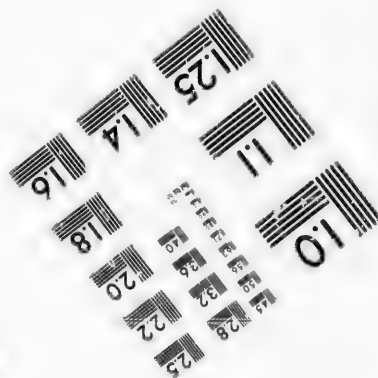
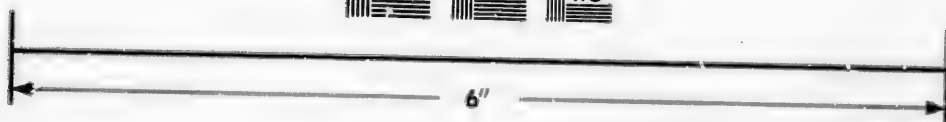
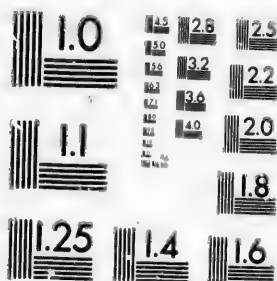


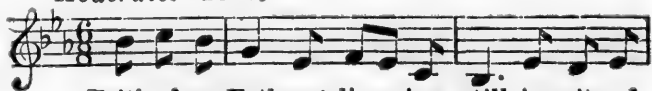
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FAITH OF OUR FATHERS.*Moderato. SOLO.*

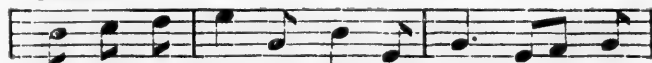
Faith of our Fathers! liv - ing still in spite of



dungeon, fire and sword, Oh! Ireland's hearts beat high with



joy, Whene'er they hear that glo - rious word.

CHORUS.

Faith of our Fathers! Ho - ly Faith! we'll be



true to thee till death! Faith of our Fathers! Ho - ly



Faith, We'll be true to thee till death!

Our Fathers chained in prisons dark,
 Were still in heart and conscience free;
 How sweet would be their children's fate,
 If they, like them, could die for Thee.

Faith of our Fathers! Mary's prayers
 Shall keep our country fast to Thee;

And
 O we

Faith
 Their
 Then
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Faith
 With
 For a
 Dear

And thro' the truth that comes from God,
O we shall prosper and be free.

Faith of our Fathers ! distant shores
Their happy faith to Ireland owe ;
Then, in our home, O shall we not
Break the dark plot against Thee now ?

Faith of our Fathers ! days of old
Within our hearts speak gallantly ;
For ages thou hast stood by us,
Dear Faith, and now we'll stand by thee.



spite of



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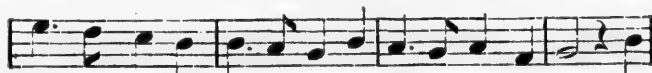
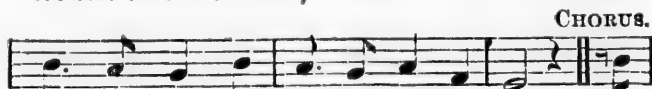
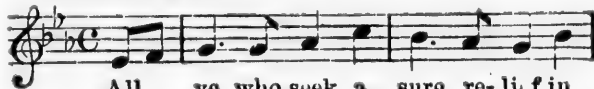
! Ho-ly



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ALL YE WHO SEEK A SURE RELIEF.*Andante. Solo.*

Ye hear how kindly He invites,

Ye hear his words so blest:

"All ye that labor come to me,

And I will give you rest."

What meeker than the Saviour's heart,

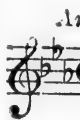
As on the cross he lay?

It did His murderers forgive,

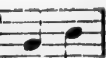
And for their pardon pray.

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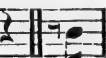


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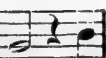


Sorrow

CHORUS.



Je-



die O-



aw high.

heart,

O Heart! Thou joy of saints on high!
 Thou hope of sinners here!
 Attracted by those loving words,
 To Thee I lift my prayer.

Wash Thou my soul in that dear Blood,
 Which forth from Thee did flow;
 New grace, new hope inspire; a new
 And better heart bestow.

SWEET HEART OF JESUS.

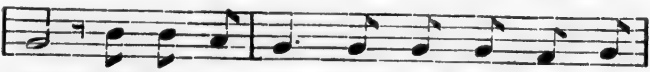
Andantino. Solo.



Sweet Heart of Je-sus, source of love and



mer-cy, we beg of thee, O fount of li-ving



grace; Oh! list to souls who humbly now im-



plore thee, and make them thine for ever, ever more.

CHORUS.



Sweet Heart of Je-sus so humble and so mild,



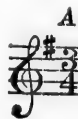
Sweet Heart of Je-sus, O make our hearts like thine,

Would that our hearts, responding to
 [Thy longings,
 Were pure and simple, seeking none
 [but Thee
 E'er self forgetting, patient, meek and
 [humble.
 And loving Thee with pure seraphic
 [love.

Sweet Heart of Jesus, Oh! how much
 [it grieves us
 To see Thy love so much unrepaid,
 To hear Thee scorn'd, derided and de-
 [jected,
 By those for whom Thy loving Heart
 [e'er yearns.

Look on our Pontiff, now so basely
 [treated,

Res

O, n
As

give t



al-so



Jesus,



all my

Restore him to his rights and royal
 [crown ;
 O, make his subjects loyal and obedient,
 As he e'er is to his great God and
 [King.]

IN THIS SACRAMENT.

Andante. SOLO.



In this Sa - crament, sweet Je - sus, Thou dost



give thy flesh and blood, with thy soul and God-head

CHORUS.



al - so As our own most precious food. Yes, Dear



Jesus, I believe it and thy presence I a - dore, And with



all my heart I love thee, may I love thee more and more.

Come, sweet Jesus, in Thy mercy,
 Give Thy flesh and blood to me.
 Come to me, O dearest Jesus,
 Come my soul's true life to be.

Come, that I may live for ever,
 Thou in me and I in Thee ;
 Living thus, I shall not perish,
 But shall live eternally.

Blessed be the love of Jesus,
 Giving us His flesh and blood ;
 Blessed be His Mother Mary,
 Mother ever kind and good.

Blessed be the great Saint Joseph :
 Sing then with devotion true :
 Dearest Jesus, Mary, Joseph,
 Heart and soul I give to you.


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LOOK DOWN, O MOTHER MARY!

CHORUS.



Look down, O Mo-ther Ma-ry, from



thy bright throne a - bove; Cast down up - on thy



Solo.

children one on - ly glance of love. And



if a heart so tender with pi-ty flows not o'er, Then



turn away, O Mo-ther, and look on us no more.

See how ingrate and guilty,
 We stand before thy Son!
 His loving Heart reproaches
 The evil we have done.
 But if Thou will appease Him,
 Speak for us but one word:
 Thou, only, canst obtain us
 The pardon of Our Lord.

O Mary! dearest Mother,

If thou wouldst have us live,
 Say that we are thy children;
 And, then, He will forgive.
 Our sins make us unworthy
 That title still to bear;
 But thou art still our Mother:
 Then, show a Mother's care.

Open to us thy mantle;
 There we'll stay without fear:
 What evil can befall us,
 If, Mother, thou art near?
 O sweetest, dearest Mother!
 Thy sinful children save.
 Look down on us with pity,
 Who thy protection crave.

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